

## Our Speaker



Vicki Kensinger is an ordinary woman who has found that victory and abundant life come only in love from and service to Christ. She served along-side her husband, Bob, in youth ministry for nearly 20 years until Bob became the Sr. Pastor at Christ Evangelical Free Church in Strausstown. In this new role she loves opening their home, teaching and making disciples. She is the co-director and teacher at Circle K Camp, a summer camp focused on reaching “church kids” with a life changing relationship with Christ. She enjoys interior design, gardening and finding a bargain. Vicki and

Bob have 3 children: Kristi, Bob and Nate who are each in their own ways joining in the Camp and Church ministries.

### Sessions

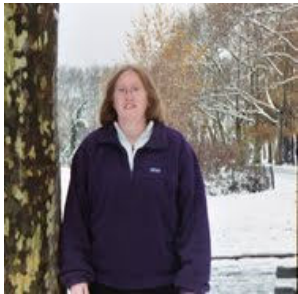
**Redeemed:** From a dumpster dweller to the daughter of the King!

**Slipping Toward Bondage to Another:** Turning our hearts and desires to pleasing something or someone else.

**Breaking Free:** How to be who you really are.

**Living Free:** Baby steps toward lasting change.

## Our Missionary Guest



Renee Young comes to the EDA as a missionary with the Urban/Intercultural Mission of the EFCA. She grew up in a single parent home, in poverty, in Minneapolis, MN. Through the ministry of the Sunday School, Renee was ready to “ask Jesus into her heart” at the age of 6, during VBS. During her High School years her Sunday School teachers challenged her – and the rest of the youth group – to pray and read the Bible each day, to grow in faith and in the Lord. Renee took that challenge and grew in her faith by leaps and bounds! She was baptized at age 16 in obedience to Christ and to say to Him, “I’ll go where you

want me to go and do what you ask me to do.” Little did she know she’d be called to ministry among people who were now in the same situation that she’d been raised in.

Renee is also a vital part of the BUMP (Bridging Urban Missions Project) ministry of the National Office (EFCA UIM). She is now based in New York City as the National BUMP Coordinator. You’ll find her helping EFCA youth discover their gifts in an urban ministry context, as they run VBS’s and sports camps in major cities around the country. Renee does “the BUMP” in Denver, Baltimore/DC, St. Louis and New York City. She is a graduate of Alliance Theological Seminary in Nyack, NY (C&MA) and has her Certificate of Christian Ministry for ministry in the EFCA.

## THE DETAILS

**Who?** *The retreat is for all women ages 18 to 118.*

**Nursing Mothers:** *If your baby is under 6 months old, bring your sweet little bundle along.*

**What?** *EFCA Eastern District Retreat.*

*Meet and fellowship with women from other EFCA churches.*

**When?** *October 1 – 3, 2010*

*Registration begins at 4 PM and dinner is on your own.*

*Our Friday evening program begins at 8 PM.*

**Where?** *The Atlantic Sands Hotel on the Rehoboth Beach Boardwalk. ([www.atlanticsandshotel.com](http://www.atlanticsandshotel.com))*

**Why?** *Because God desires us to be his daughters and live free!*

Registration Deadline: August 15, 2010

We must have a form and full payment for every person attending! Program information will be mailed in mid September. If you desire confirmation of your registration, please send a self addressed, stamped envelope or postcard with your registration.

### Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone: \_\_\_\_\_

Home Church: \_\_\_\_\_

City, State \_\_\_\_\_

**Please list any food allergies or dietary restrictions:**

\_\_\_\_\_

~REGISTRATION INFORMATION~

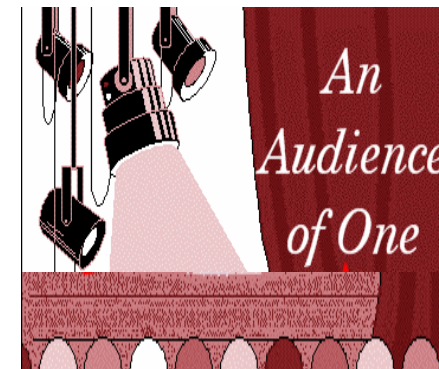
- All registrations due by August 15, 2010.
- Payment in full is due upon registration. Each registration includes a non-refundable \$50 deposit. Make checks payable to CEFC, on memo line note "Women's Retreat" then return to Christ Church.
- No refunds after August 20, 2010. If you cannot attend, it is best to find someone to take your place.
- Directions and schedules will be mailed in mid September.
- For hotel information, visit [www.atlanticsandshotel.com](http://www.atlanticsandshotel.com).
- Please do not call or contact the hotel regarding accommodations.



2010 EASTERN DISTRICT  
EVANGELICAL FREE CHURCH  
FALL WOMEN'S RETREAT

*Free To Please  
An Audience of One*

Speaker: Vicki Kensinger



*He gives us Beauty for ashes...  
Gladness instead of mourning...  
Praise instead of despair...  
Planting us as pillars of righteousness  
To display the splendor  
Of the Lord.  
(Isaiah 61:3 (paraphrased))*

Urban Intercultural Missionary Guest:

**Renee Young**

October 1 – 3, 2010  
The Atlantic Sands Hotel  
Rehoboth Beach, Delaware

~CONTACT INFORMATION~

Danielle Kocher  
Phone: 570-345-5451 E-mail: [dkocher@earthlink.net](mailto:dkocher@earthlink.net)

Prices are per person. The package includes two nights lodging and all meals except Friday supper and Saturday lunch.

<u>Per Room – Circle</u>	<u>Cost</u>
4 Ladies	\$163
3 Ladies	\$176
2 Ladies	\$202
Single	\$299

Roommates: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_